

Ministry of Food

ISSUED FOR THE INFORMATION OF REGISTERED MEDICAL PRACTITIONERS ONLY

**Summary of further arrangements for the granting of
extra rations and priority allowances to invalids and to
persons on special diets.**

1. In accordance with the recommendations of the Food Rationing (Special Diets) Advisory Committee of the Medical Research Council, who guide the Ministry of Food on matters affecting invalids and others on special diets, various new provisions have been made for invalids and sick persons, and it may be helpful for medical practitioners to have these set out in a leaflet.

PRIORITY FOR LIQUID MILK

2. The condition actinomycosis has been added to the Schedule of Conditions qualifying for two pints of priority liquid milk a day.

3. Cases of this condition will be designated Class I (a) for the purposes of completing a medical certificate and such certificates will be valid for a period of three months and renewable for further three monthly periods as for cases of tuberculosis.

EXTRA MEAT FOR CASES OF HYPOPROTEINAEMIA

4. Three extra meat rations a week are now available for proven cases of hypoproteinaemia from any cause. Applications must be made to the local Food Office, supported by a detailed medical certificate for submission to the Ministry's Medical Advisers.

5. The extra meat rations will be provided to proven cases for an initial period of six months, and the grant will be renewed on production of a fresh medical certificate stating that the patient is still suffering from this complaint.

DRIED BANANAS FOR COELIAC PATIENTS

6. Supplies of dried bananas at the rate of three and a half pounds a week are now available, through the good offices of the Red Cross and St. John War Organisation, who are providing these supplies free to proven cases of coeliac disease. Dried bananas are additional to the extra meat already provided by the Ministry for such patients.

7. Applications have to be made to the local Food Office, supported by detailed medical evidence including the clinical data on which the diagnosis is based, for submission to the Ministry's Medical Advisers, unless such evidence has already been supplied in support of an application for extra meat.

8. Supplies will be provided for a period of three months at the end of which a fresh medical certificate will be required indicating that the patient still suffers from this complaint.

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HOUSEHOLD MILK POWDER TO SPECIAL CASES. (This does not apply to Northern Ireland)

9. Supplies of household milk powder (dried skimmed milk powder) at the rate of two tins per week, are now available against a medical certificate specifically requesting household milk powder for persons suffering from the following illnesses :—

- (i.) steathorrhoea,
- (ii.) gout,
- (iii.) infective hepatitis (catarrhal jaundice), toxic jaundice and cirrhosis of the liver (but not obstructive jaundice).

10. The medical certificate in support of applications from alleged cases of steathorrhoea and gout must give the clinical and biochemical data on which the diagnosis is based for submission to the Ministry's Medical Advisers. All applications should be made to the local Food Office.

11. Supplies of household milk powder will be arranged for an initial period of three months on authority from the local Food Office.

12. At the end of the three months a fresh certificate will have to be submitted to the local Food Office showing that the patient still suffers from the condition. The grant will then be renewed for a further three monthly period.

LEAFLET ON DIETS FOR GASTRIC ULCER PATIENTS

13. A leaflet on diets for patients with ulcers of the stomach and duodenum has been prepared by the Ministry of Food and Ministry of Health in the hope that the suggestions contained may prove helpful in these difficult days of war-time feeding. A copy of this leaflet will be sent with this leaflet M.E.D.IA to general practitioners and medical officers of health.

AMENDMENT TO BOOKLET M.E.D.I

14. It should be noted that expectant mothers are not now entitled to priority eggs and the reference on page 4 of M.E.D.I to this should be deleted. Expectant mothers receive instead two packets of dried eggs per allocation on their R.B.2 ration book.

15. Further copies of M.E.D.I are available at the local Food Office to registered medical practitioners who have lost their original copy.

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